PATIENT INFO FOR CT MYELOGRAM

Your physician, _____, has referred you to MD Imaging for a myelogram.

Your test is scheduled for_____ at _____.
(date) (time)

PREPARATION

The day of the procedure you must not eat or drink anything for ***four hours*** prior to the exam, except medications which you can take with a small amount of water.

Please contact MD Imaging at least 72 hours prior to your scheduled examination time with a list of medications that you are currently taking. Unless other instructions are given, take all of you routine medications. However, you must stop taking aspirin containing products, Ibuprofen and Vitamin E ***four days*** prior to the procedure. We advise you to stop taking blood thinning medications (such as Coumadin) ***one week*** prior to your procedure. Please check with your prescribing physician before stopping these medications. You make take narcotics (painkillers) up to ***four hours*** before the procedure. Bring all medications that you will need to take throughout the day with you to MD Imaging. If you are taking anti-depressants such as Prozac, Elavil and Thorazine, you must stop taking them ***48 hours*** prior to the procedure and remain off them for ***24 hours*** after the procedure. If you have any questions about these medications, please feel free to call us at 845-471-2848. ***If you have a history of asthma, please bring you inhaler.*** If you have a history of allergies to shellfish, strawberries, or xray dye, please contact MD Imaging prior to your examination date.

It is very important that you bring any previous xrays, CT scans or MRI films and reports that are pertinent to your examination with you at the time of the exam. Also, bring a snack or lunch with you as you will be permitted to eat after the procedure.

You cannot drive after the procedure. Please make arrangements for someone to drive you home and remain with you for the rest of the day. You will not be allowed to return to work until the following day.

WHAT TO EXPECT

When you arrive at MD Imaging, you will be required to fill out the appropriate forms. You will then be taken to the dressing room and you will be asked to change into a gown. The radiologist and technologist will explain the procedure to you. At this time, you can ask any questions and discuss any concerns that you may have. You will then be asked to sign a consent form.

After the myelogram portion of the procedure is completed, you will then be taken to have a CT scan. The entire procedure takes approximately 60-90 minutes.

It is recommended that you drink plenty of fluids over the next 48 hours to help flush the contrast material from your system.